

# CARMEN'S

## BREAKFAST

### OMELETS

#### OMELET OF THE DAY

made with today's special ingredients served with a cup of fruit and your choice of toast .... 8.25

#### STATION OMELET

bacon, sharp cheddar, sour cream and potatoes served with a cup of fruit and your choice of toast .... 8.25

#### MADE TO ORDER

three egg omelet with your choice of two of the following ingredients served with a cup of fruit and your choice of toast, bacon, sausage, ham, tomatoes, green peppers, red onion, green onion, potatoes, spinach, avocado, mushrooms, sour cream, cheddar cheese, swiss cheese, herb cheese, and feta cheese .... 8

### BROKEN YOLK EGG SANDWICHES

#### FRIED EGGS, BACON AND AVOCADO

two fried eggs, sharp cheddar cheese, apple wood smoked bacon and sliced ripe avocado on your choice of toast served with a cup of fruit .... 7.95

#### FRIED EGGS AND HAM

two fried eggs, swiss cheese, and honey cured ham on your choice of toast served with a cup of fruit .... 7.95

#### FRIED EGGS AND VEGGIES

two fried eggs, sautéed spinach and mushrooms, sliced tomatoes, shaved red onion and herbed cheese with your choice of toast served with a cup of fruit .... 7.50

### BREAKFAST SPECIALTIES

#### BELGIAN WAFFLE

served with powdered sugar, a side of fresh fruit and warm maple syrup .... 7  
~add sliced strawberries and whipped cream ....2

#### BRIOCHE FRENCH TOAST

thick sliced brioche in a rich orange vanilla batter dusted with powdered sugar served with warm maple syrup .... 7.50

#### CLASSIC GRIDDLE PANCAKES

fresh buttermilk and egg recipe served with powdered sugar, whipped butter and warm maple syrup  
tall stack .... 7  
short stack .... 5  
~add sliced strawberries and whipped cream ....2

#### CHOCOLATE CHIP PANCAKES

our fresh buttermilk and egg recipe with chocolate chips dusted with powdered sugar served with warm maple syrup .... 8

#### LUMBER JACK

two buttermilk pancakes, two eggs any style and your choice of bacon, ham or sausage served with a cup of fruit .... 8.25

#### EGGS BENEDICT

two poached eggs on top of grilled canadian bacon & english muffin, served with hollandaise sauce & breakfast potatoes .... 9

#### SUNRISE BREAKFAST

two eggs, any style, with choice of thick sliced bacon, sugar cured ham or smoked sausage links served with breakfast potatoes and toast .... 8.25

#### SMOKE HOUSE SCRAMBLE

three fresh eggs scrambled with country sausage, sautéed onion, green peppers, potatoes and cheddar cheese topped with green onions and sour cream .... 8.25

### HEALTHY

#### FRESH FRUIT AND YOGURT

fresh seasonal fruit and berries with your choice of vanilla or fruit yogurt .... cup..6 - bowl....7

#### GRANOLA WITH FRESH FRUIT AND YOGURT

fresh seasonal fruit and berries, granola and low-fat vanilla or fruit yogurt .... cup..6.50 - bowl..7.50

#### THE CONTINENTAL

fresh seasonal fruit and berries, vanilla or fruit yogurt with choice of danish or muffin .... 7.50

#### STEEL CUT OATMEAL

with fresh fruit and choice of honey or brown sugar ....6

### SIDES

apple wood smoked bacon .... 3  
honey cured ham .... 3  
link sausage .... 3  
home fries .... 2.25

### BREADS

toast, white, wheat or rye .... 2.25  
toasted english muffin .... 2.25  
bagel with cream cheese or butter .... 3  
fresh baked muffin or danish .... 3

### BEVERAGE

freshly brewed starbucks coffee .... 2  
starbucks french press .... large....10 Small....5  
espresso .... 4 cappuccino .... 5  
hot teas regular & decaf .... 2  
hot chocolate .... 2  
orchid island organic orange juice .... 2.95  
V8 juice .... 2  
other chilled juices .... 2  
grapefruit, cranberry, tomato, apple, pineapple  
milk .... 2.25 2% or whole milk  
sparkling or still mineral water .... 4